

SEPTEMBER SPECIALS

SOUP BY THE DAY Cup 3.75 Bowl 4.95

MONTHLY SPECIAL COLD SOUP: GAZPACHO

Everyday: MISO | Mondays: CHIPOTLE CORN CHOWDER | Tuesdays: CHEF'S CHOICE
Wednesdays: WILD RICE & MUSHROOM | Thursdays: BLACK BEAN w/ JALAPENO CREAM
Fridays: WHITE BEAN AND LEEK | Saturdays: QUINOA & TOMATO | Sundays: CHEF'S CHOICE

SPECIAL OF THE MONTH AUGUST 31 - SEPTEMBER 27

ON THE MEXICAN RIVIERA 16.75

*Pecan-cornmeal crusted tempeh, coconut yams, sautéed chipotle greens,
spicy black bean sauce, mango salsa*

WEEKLY SPECIAL 16.75

SALAD SPECIAL 14.75

8/31 - 9/6

BUDDHA BELLY

*Udon noodles, sweet rice croquettes,
orange glazed tempeh, Thai peanut sauce,
pressed Napa cabbage & carrot salad,
sweet miso dressing*

SOUTHWESTERN

*Black beans, long grain rice, chopped vegetables,
corn, scallions, cilantro, shredded cashew cheese,
guacamole, salsa, romaine, chipotle Ranch
dressing, spicy tortilla strips*

9/7 - 9/13

DIP MY CHILI ENCHILADAS

*Blackened mushrooms, roasted corn,
Swiss chard, cilantro, green onions,
corn tortilla, white vegan cheese sauce,
guacamole, 'refried' black beans, red chili rice*

FRENCH COUNTRY GARDEN

*Roasted baby beets, baby carrots, fresh
spring peas, cucumber, radish, warm tofu cheese
croquettes, spinach, arugula, creamy roasted
garlic peppercorn dressing*

9/14 - 9/20

HUNK OF BURNING LOVE

*Kung Pao Tempeh and vegetables,
pineapple fried rice with stir-fried vegetables,
toasted cashews*

FERGALICIOUS

*Black eyed peas, carrots, red peppers, toasted
coconut, spicy toasted almonds, scallions,
watercress, greens, mixed cabbage,
chili lime vinaigrette*

9/21 - 9/27

ROAD HOUSE BLUES

*Grilled tofu steaks, zesty BBQ sauce, sautéed
onions, black-eyed pea and rice salad, sautéed
greens with smoked portabella, corn muffin,
carrot cumin spread*

WASABI WABI

*Steamed vegetables, rice noodles,
marinated tempeh, spicy cashews, baby greens,
red cabbage, wasabi vinaigrette*

NO SUBSTITUTIONS ON THE SPECIALS, PLEASE

DAILY MAIN COURSES

STIR IT UP

Julienne vegetables, gingery garlic sauce over brown rice, soba noodles or daily greens 12.95

VIVA LAS PASTA

Tempeh 'meat' balls, spinach fettuccine, herb tomato sauce, parmesan crumble 12.95

TV DINNER

Tempeh vegetable loaf, mashed potatoes, gravy, vegetables 13.95

SALISBURY SEITAN

Wheat meat cutlets, mashed potatoes, gravy, Caesar salad 13.25

EL BANDITO ROJO

Corn enchiladas, seasoned tempeh, salsa roja, Spanish rice, black beans,
pico de gallo, tofu sour cream, guacamole 13.95

TAG-O' THE TOWN

Corn tortillas, seasoned seitan, onions, peppers, guacamole, pico de gallo,
tofu sour cream, Spanish rice, black beans 14.25

SUPREME BURRITO

Spanish rice, black beans, tempeh bacon, jalapeno cashew cheese, avocado, onions,
peppers, lettuce, tomato, tofu sour cream 14.75
w/ Ranchero sauce add 1.50
w/ taco mix add 2.75